



2015 Pentathrun Post Race Wrap

Congratulations to all those who ran in the 2015 Warwick Daily News Pentathrun. From the feedback we have received so far, the event has been a huge success and we have again managed to pull off the feat of running five separate races in different locations over two days with all things going smoothly. For anyone who has ever organised a sporting event, I am sure you appreciate that it takes a 'well-oiled' machine to get that to happen over the weekend. So firstly, thanks to all the volunteers for making the weekend such a success.

A special mention to the winners of the 2015 Pentathrun.

- Dan Symonds (2 hr 37 min 15 sec) who worked in improving his lead each race.
- Alex Ralph (3 hr 14 min 53 sec) who was consistent for the whole weekend.

Well done to you both and we hope we can get you back next year. Also Jonno Felton (our tireless Logistic's Man) for the Spirit of the Event Award

Full results can be found on our website <http://pentathrun.com/results/> .

Finisher Certificates are available from the timing website <http://results.timingplus.com.au/Results> and then select your name from the list.

As for the weekend – it was nearly perfect based on the feedback so far. Friday night was excellent in that we got to see many familiar faces at the registration in YMCA WIRAC. We also gained a few new faces and managed to swap a few stories. It was good to have David Trahair there as this whole crazy event was his idea many years ago.

Saturday morning and Race 1, 215 runners, saw us start on time (always a good sign) at a temperature of around 8 degrees so very mild for May in Warwick. There was a headwind that picked up as the morning went on and it made the final hill section more of a challenge than normal.

Race 2 with 233 entrants was for the second time at the Allora Golf course and there were a few murmurings about the 'hill' however the footing was excellent and the grass kind to the feet so everyone made it home with only one slight mishap on the final turn/bridge.

Race 3 at the Sandy Creek Hotel was our biggest field of the weekend and saw 316 runners line up at the start. We capped the day off with presentations and a few beers at the Hotel then went home to regroup and reset for the next day. Believe me when I say it is not only the runners who need that.

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Sunday started race 4, 190 runners and ridiculously warm Killarney morning. There were a few nerves as for those doing all five it is the last event where you can 'make time' and the one that has the main 'I am sore' obstacle to be overcome. All went well and we finished with the traditional breakfast at Queen Mary Falls before heading back into town.

Race 5 with 254 runners was the final event and it has been said that finishing with a 1500 meter sprint is just cruel. Well it possibly is but it did not stop some fast times. We also saw what is becoming a tradition in that the finishing groups bring the field home to close out an excellent weekend's running. With two races this meant both the Go Getta Girls and the Five Thirty Runners took that honour. We had more than our fair share of 'superheros' on hand which really helped the kids on the final run home. A very pleasant presentations followed and for the first time we were also able to recognise the huge achievement of being a 'Pentathrunner', all five races with a personally engraved medallion (thanks Phil).

So to all those who helped organise, those who participated and those who supported.... THANK YOU. The Warwick Pentathrun would not be here without you all and despite the lower numbers this year we hope to be back and growing in 2016. Please please please, tell your running mates about our event and if you had any issues let us know so we can fix them.

Finally, if you have some time and are local please consider joining our group, you can still run but we do need a few extra helpers. We are also planning on a Pentathrunners Group. Let me know if you are interested in either.

Till Next Year.

Regards

Neil Burtenshaw – Race Director and annoying emailer.

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